

The Highland Center for Health and Healing
193 Calais Road
Worcester, Vermont 05682
www.highland-shamanism.com

Presents:
Foundation for Shamanic Studies
The Way of the Shaman: The Basic Workshop
by FSS Faculty Nan Moss, C.S.C. and David Corbin, C.S.C.

July 17 – 18, 2010 10:00 AM to 5:30 PM

The Way of the Shaman is the basic Workshop of the Foundation for Shamanic Studies and is the prerequisite for all Foundation workshops and training courses. During this experiential workshop, participants are introduced to core shamanism, the universal and near-universal basic methods of the shaman to enter non-ordinary reality for problem solving, well-being, and healing. Particular emphasis is put on the classic shamanic journey, one of the most remarkable visionary methods used by mankind to explore the hidden universe otherwise known mainly through myth and dream.

Participants are initiated into shamanic journeying, aided by drumming and other techniques for experiencing the shamanic state of consciousness and for awakening dormant spiritual abilities, including connections with Nature. Practice includes comparisons by participants of their discoveries in shamanic journeys as well as being introduced to shamanic divination and healing. They are provided with methods for journeying to discover and study with their own individual spirit teachers in non-ordinary reality, a classic step in shamanic practice. Participants learn how the journey is utilized to restore spiritual power and health, and how shamanism can be applied in contemporary daily life to help heal oneself, others, and the Planet.

Please bring a rattle or a drum if you have one. Wear comfortable clothing, warm socks, and bring a bandanna, cushion and/or blanket, a rough-surfaced rock the size of a grapefruit, and a pen and notebook to record your journeys.

Completion of this workshop qualifies participants to take more advanced workshops faculty members of the Foundation for Shamanic Studies.

Fee: \$200.00

To register please mail the application form with a \$50.00 deposit.

Further questions: contact Sue Jamieson 802.223.2521 hilandvt@aol.com

PRINTER-FRIENDLY SIGN-UP FORM

Sue Jamieson
The Highland Center for Health and Healing
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Workshop Title:

The Way of the Shaman: The Basic Workshop
by Foundation for Shamanic Studies Faculty Members:
Nan Moss, C.S.C. and David Corbin, C.S.C.

Date: July 17 – 18, 2010

Cost: \$200.00
Sign up Application. PLEASE PRINT

Name: _____

Address: _____

Telephone: _____

E-mail: _____

A \$50.00 deposit is required to hold your space. Balance due at registration.

NO CREDIT CARDS ACCEPTED. PERSONAL CHECK OR CASH ONLY.

Please make deposit check payable to: **Sue Jamieson**

Mail to: Sue Jamieson
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